

The URC National Synod of Scotland is awesome!

Amongst the many placards and posters along the marathon route, the ones that struck me the most said, "Everyone has their 'why'". Just in case we thought about giving up hope, they were there to remind us of why we are running.

I certainly had enough 'why's' to keep me going: the communities LUV+ is now able to help in Tanzania; the supporters from Edinburgh, Glasgow and Clydebank who came down as spectators. Then, of course, there are the hundreds who gave donations, especially Synod churches.

We raised £3,156.50 (with gift aid--beyond the original goal of £2,000) for LUV+. I finished in 5hrs 37mins, without hitting the wall (Kipchoge beat me, but oh well). And the charity itself has a little more publicity than it did a few months ago.

One last tale: many of the runners had their names on their shirts so that spectators could shout out their names for encouragement. My name wasn't on my shirt, only the name of the charity. So as I passed by, the crowds were shouting, "One Luv...you can do it Luv...keep moving Luv!" Didn't call my name, but I'll take that!

So with gratitude to you all for your support, I say, "One LUV"!

Shalom

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